



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341

Email : principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref.no.1336/SMBT/05/KB/08/ASCP&HT - 30

Date: 01-07-2022

Report of Suvarnaprashan Shibir under Azadi ka Amrut mahotsav

Name of the Activity – SUVARNAPRASHAN SHIBIR under Azadi ka Amrut mahotsav

Date and Time – 01-07-2022 at 9 AM to 3.30 PM

Location – OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

Name of Department who organized program – Kaumarbhritya Department

Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

Summary

Today on 01-07-2022 , "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of constipation, developmental delay and pratishyaya were examined and treated accordingly. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 34 children benefited from the Suvarnaprashan camp.

HOD
Dept. of Kaumarbhritya
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email: principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref.No.1336/SMBT/05/KB/08/ASCP&HT 32

Date: 26-07-2022

Report of Mukha Swasthya Janajagruiti Shibir (Oral Hygiene Awareness Camp)

Name of the Activity – Mukha Swasthya Janajagruiti shibir under “AZADI KA AMRIT MAHOTSAV – 2022”

Date : - 26-07-2022

Location: Nutan Madhyamik Vidyalaya, Sakur

Name of the Department who organised program - Department of Kaumarbhritya

Aim of the program – To spread awareness about Oral Hygiene in School on Occasion – “AZADI KA AMRIT MAHOTSAV - 2022”

Today on 26-07-2022 Mukha Swasthya Janajagruiti shibir (Oral Hygiene Awareness Camp) was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Aazadi ka Amrut Mahotsava at Nutan Madhyamik Vidyalaya, Sakur. In this activity, Intern Dr. Omkar Thete made school students aware about Oral Hygiene. Oral Hygiene Awareness was successfully conducted under guidance of Respected Principal Dr Pradeep Bhabad sir and Principal of school Pradnya Baviskar. All students participated enthusiastically.

Total No of school students present – 68

Coordinate Teachers –Dr. Ankush Gunjal, Dr. Sakshi Waghmare, Dr. Komal Chavan(Program Head),
Dr.Amol Gulve(Internship Incharge), Dr. Vijay Suryawanshi (HOD - Kaumarbhritya)

HOD
Dept. of Kaumarbhritya
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email : principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref. no.- 1307/SMBT/05/PTSR /53-2022

Date- 28/07/2022

Report of Menstrual Hygiene Awareness Programm

(Rajaswala Paricharya)

Under "AZADI KA AMRIT MAHOTSAV – 2022"

Name of the Program - Menstrual Hygiene Awareness Programm (Rajaswala Paricharya).

Date and Time: - 26/07/2022, 02.00pm to 02.45pm

Location: Nutan Mahavidyalaya, Sakur, Tal. Dist. Nashik.

Name of the Principal of the school – Mrs.Baviskar Pradnya (Contact No.8806358976).

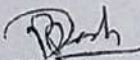
Name of the Department who organized program – Prasutitantra and Strirog Dept.

Total No of school girls present – 90

Summary – Aim of the program – To create awareness among the school students about menstruation and menstrual hygiene.

SMBT Ayurved College organised the Health Awareness under Azadi ka Amrut Mahotsav. In this activity Intern student Miss Mahajan Tanaya educated the school girls about Menstrual Hygiene, Rajaswala Paricharya. She also explained hormonal changes occurring during puberty along with development of secondary sexual characters. The girls were made aware about the female anatomy and physiology, proper usage of sanitary napkins and clean cloth, method of disposing tithe. The girls were advised for proper diet and yoga in order to keep the menstrual cycle regular. They were guided to overcome the fear and embarrassment associated with menstrual cycle (Rajapravrutti). Total 20 school girls were present. This program was successfully conducted under guidance of Respected Principal Dr Pradeep Bhabad sir. Interns participated enthusiastically.

Coordinating Teachers –Dr.Gunjal Ankush, Dr.Waghmare Sakshi, Dr.Chavan Komal (Program Head), Dr. Gulve Amol (Internship Incharge), Dr. Deshmukh Pradnya (HOD & Professor –Strirog Prasuti Dept), Dr.Pharate Sonali (Assistant Professor –Strirog Prasuti Dept) Dr Darshna Borkar(Assistant Professor –Strirog Prasuti Dept)


HOD



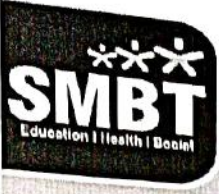

Principal

S.M.B.T.Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik

Prasutitantra avum Strirog Dept.

HOD & Professor

Dept of Striroga & Prasutitantra
S.M.B.T. Ayurved College
Dhamangaon, Nashik



SMBT Sovabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Gholl, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email : principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref.No.1336/SMBT/05/KB/08/ASCP&HT 34

Date: 27-07-2022

Report of Mukha Swasthya Janajagruti Shibir (Oral Hygiene Awareness Camp)

Name of the Activity – Mukha Swasthya Janajagruti shibir under "AZADI KA AMRIT MAHOTSAV – 2022"

Date : - 27-07-2022; 9.00 AM to 1.00 PM

Location: New English School-Kawaddara

Name of the Department who organised program - Department of Kaumarbhritya

Aim of the program – To spread awareness about Oral Hygiene in School on Occasion –"AZADI KA AMRIT MAHOTSAV 2022"

Today on 27-07-2022 Mukha Swasthya Janajagruti shibir (Oral Hygiene Awareness Camp) was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Aazadi ka Amrut Mahotsava at New English School-Kawaddara. In this activity, Intern Dr.Omkar Thete made school students aware about Oral Hygiene. Oral Hygiene Awareness was successfully conducted under guidance of Respected Principal Dr Pradeep Bhabad sir and Principal of school. All students participated enthusiastically.

Total No of school students present – 68

Coordinate Teachers –Dr. Ankush Gunjal, Dr. Sakshi Waghmare, Dr. Komal Chavan(Program Head), Dr.Amol Gulve(Internship Incharge), Dr. Vijay Suryawanshi (HOD - Kaumarbhritya).

HOD

Dept of Kaumarbhritya
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal.Igatpuri, Dist.Nashik.

Principal

SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandhills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email: principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Date -29/07/2022

Report of Menstrual Hygiene Awareness Programm

(Rajaswala Paricharya)

Under "AZADI KA AMRIT MAHOTSAV – 2022"

Name of the Program - Menstrual Hygiene Awareness Programm (Rajaswala Paricharya).

Date: - 27/07/2022 **Time:** - 11 am to 12 pm.

Location: New English School, Kawad dara, Nashik.

Name of Principal of school – Mr Kamble (Contact No – 8208324506)

Name of the Department who organized program – Prasutitantra & Strirog.

Aim of the program – To spread awareness about Menstrual Hygiene in School.

SMBT Ayurved College organised the Health Awareness under Azadi ka Amrut Mahotsav. In this activity Intern student Miss Varsha Jadhav educated the school girls about Menstrual Hygiene, Rajaswala Paricharya. She also explained hormonal changes occurring during puberty along with development of secondary sexual characters. They were guided to overcome the fear and embarrassment associated with menstrual cycle (Rajapravrutti).

Total No. of school girls present – 40

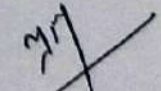
This program was successfully conducted under guidance of Respected Principal Dr Pradeep Bhabad sir. Interns participated enthusiastically.

Coordinating Teachers – Dr. Gunjal Ankush, Dr. Waghmare Sakshi, Dr. Chavan Komal (Program Head), Dr. Gulve Amol (Internship Incharge), Dr. Deshmukh Pradnya (HOD & Professor – Strirog Prasuti Dept), Dr. Pharate Sonali (Assistant Professor – Strirog Prasuti Dept), Dr Darshna Borkar (Assistant Professor – Strirog Prasuti Dept)


HOD

Prasutitantra avum Strirog Dept.
HOD & Professor
Dept of Striroga & Prasutitantra
S.M.B.T. Ayurved College
Dhamangaon, Nashik..




Principal
Principal

S.M.B.T. Ayurved College & Hospital
Nandhills, Dhamangaon, Tal. Igatpuri, Dist. Nashik



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email : principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref.No.1336/SMBT/05/KB/08/ASCP&HT - 35

Date: 28-07-2022

Report of Mukha Swasthya Janajagruti Shibir (Oral Hygiene Awareness Camp)

Name of the Activity – Mukha Swasthy Janajagruti shibir under “AZADI KA AMRIT MAHOTSAV – 2022”

Date and Time – 28-07-2022; 9.00 AM to 1.00 PM

Location – Priyadarshini English School, Kawaddara

Name of Department who organised program – Kaumarbhritya Department

Participants – Teaching staff, Interns and Hospital Staff of Kaumarbhritya Department

Aim of the program – To spread awareness about Oral Hygiene in School on Occasion – “AZADI KA AMRIT MAHOTSAV - 2022”

Summary

Today on 28-07-2022 Mukha Swasthya Janajagruti shibir (Oral Hygiene Awareness Camp) was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Aazadi ka Amrut Mahotsava. A public awareness program on Mukha Swasthya was conducted at Priyadarshini English School, Kawaddara for the students. In this activity, Intern Omkar Thete made school students aware about Oral Hygiene.

Total No of school students present – 40

Oral Hygiene Awareness program was successfully conducted under guidance of Respected Principal Dr Pradeep Bhabad sir and Principal of school. All students participated enthusiastically.

Coordinate Teachers – Dr. Ankush Gunjal, Dr. Sakshi Waghmare, Dr. Komal Chavan (Program Head),
Dr. Amol Gulve (Internship Incharge), Dr. Suryawanshi (HOD - Balrog), Dr. Jitesh Thakur (Balrog Dept)

HOD
Dept. of Kaumarbhritya
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Date- 30/07/2022

Report of Menstrual Hygiene Awareness Programm

(Rajaswala Paricharya)

Under "AZADI KA AMRIT MAHOTSAV – 2022"

Name of the Program - Menstrual Hygiene Awareness Programm (Rajaswala Paricharya).

Date and Time: - 28/07/2022, 09.45 am to 10.45 am.

Location: Priyadarshini International School, Bharvir, Nashik.

Name of the Principal of the school – Mrs. Tajave Rajani (Contact No.8605565796).


Name of the Department who organized program – Prasutitantra and Strirog Dept.

Total No of school students present – 20 (8th to 10th Standard School girls)

Summary – Aim of the program – To create awareness among the school students about menstruation and menstrual hygiene.

SMBT Ayurved College organised the Health Awareness under Azadi ka Amrut Mahotsav. In this activity Intern student Miss Mahajan Tanaya educated the school girls about Menstrual Hygiene, Rajaswala Paricharya. She also explained hormonal changes occurring during puberty along with development of secondary sexual characters. The girls were made aware about the female anatomy and physiology, proper usage of sanitary napkins and clean cloth, method of disposing it. The girls were advised for proper diet and yoga in order to keep the menstrual cycle regular. They were guided to overcome the fear and embarrassment associated with menstrual cycle (Rajapravrutti). Total 20 school girls were present. This program was successfully conducted under guidance of Respected Principal Dr Pradeep Bhabad sir. Interns participated enthusiastically.

Coordinating Teachers – Dr. Gunjal Ankush, Dr. Waghmare Sakshi, Dr. Chavan Komal (Program Head), Dr. Gulve Amol (Internship Incharge), Dr. Deshmukh Pradnya (HOD & Professor – Strirog Prasuti Dept), Dr. Pharate Sonali (Assistant Professor – Strirog Prasuti Dept), Dr. Borkar Darshna (Assistant Professor – Strirog Prasuti Dept)


HOD

Prasutitantra avum Strirog Dept.
HOD & Professor
Dept of Striroga & Prasutitantra
S.M.B.T. Ayurved College
Dhamangaon, Nashik.




Principal

Principal

S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email: principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Date: 29-07-2022

Ref.no.1336/SMBT/05/KB/08/ASCP&HT – 36

Report of Suvarnaprashan Shibir

Name of the Activity – SUVARNAPRASHAN SHIBIR under Azadi ka Amrut mahotsav

Date and Time – 29-07-2022 at 9 AM to 3.30 PM

Location – OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

Name of Department who organized program – Kaumarbhritya Department

Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

Summary

Today on 29-07-2022, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of constipation, developmental delay were examined and treated accordingly. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 62 children benefited from the Suvarnaprashan camp.

HOD

Dept. of Kaumarbhritya
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email : principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref no-1307/SMBT/05/PTSR/57-2022

Date- 30/07/2022

Report of Menstrual Hygiene Awareness Program

(Rajaswala Paricharya)

Name of the Program - "AZADI KA AMRIT MAHOTSAV - 2022"

Date and Time: - 29/07/2022 ,10.00 am to 11.00 am.

Location: Madhyamik Vidyalaya, Dhamangaon ,Nashik.

Principal- Mr. Avhad Suresh

Name of the Department who organized program – Prasutitantra and Strirog Dept.

Total No of school students present – 150

Summary –

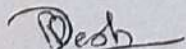
Aim of the program – To create awareness among the school students about menstruation and menstrual hygiene on occasion –"AZADI KA AMRIT MAHOTSAV - 2022"

A Health awareness programme was conducted by SMBT Ayurved College and Hospital. In which our internship student Tanaya Yashwant Mahajan made students aware about menstruation(Raja chakra) and menstrual hygiene that needs to be followed.

The students were made aware about the female anatomy and physiology, proper usage of sanitary napkins and clean cloth, method of disposing it. The students were advised for proper **Ahar, vihar and yoga** in order to keep the menstrual cycle regular. They were guided to overcome the fear and embarrassment associated with discussion of menstruation (raja pravrutti) and seek medical help as early as possible for any menstrual disorder.


Hence health awareness Program was successfully conducted under guidance of Respected Principal Dr. Pradeep Bhabad sir. Interns participated enthusiastically in it.

Coordinating Teachers – Dr. Ankush Gunjal, Dr. Sakshi Waghmare, Dr. Amol Gulve (Internship Incharge) Dr. Pradnya Deshmukh (HOD PTSR Dept.), Dr. Sonali Pharate(PTSR Dept.)


HOD

Prasutitantra Avum Strirog Dept
HOD & Professor
Dept of Striroga & Prasutitantra
S.M.B.T. Ayurved College
Dhamangaon, Nashik.




Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email: principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref. no.- 1307/SMBT/05/PTSR / 58 -2022

Date 4/8/2022

Report of Menstrual Hygiene Awareness Program

(Rajaswala Paricharya)

Under "AZADI KA AMRIT MAHOTSAV – 2022"

Name of the Program - Menstrual Hygiene Awareness Program (Rajaswala Paricharya).

Date : - 3/8/2022 , Time- 1 pm to 2 pm

Location:- Amit Pandya Nutan Madhyamik Vidyalaya , Vanjarvadi , Nashik

Name of the Principal of the school – Mr. Pravin Rokade (Mob. No. - 9881803770).

Name of the Department who organized program – Prasutitantra and Strirog Dept.

Total No of school students present – 70

SUMMARY - Aim of the program – To spread awareness about Menstrual Hygiene in School student.

SMBT Ayurved college organized the Health Awareness under Azadi ka Amrut Mahotsav. In this activity Internship student Varsha Jadhav educated the school going girls about Menstrual Hygiene, Rajaswala paricharya. She also explained about hormonal changes occurring during menstruation (Raja chakra) and puberty along with the development of secondary sexual characters. . The girls were made aware about the female anatomy and physiology, proper usage of sanitary napkins and clean cloth, method of disposing it. The girls were advised for Ahaar Vihar and yoga in order to keep the menstrual cycle regular. They were guided to overcome the fear and embarrassment associated with menstrual cycle (Rajapravrutti). Menstrual Hygiene Awareness program was successfully conducted under guidance of Respected Principal Dr. Pradeep Bhabad sir .Interns participated enthusiastically

Coordinating Teachers –Dr. Ankush Gunjal, Dr. Sakshi Waghmare, Dr. Komal Chavhan (Program Head), Dr. Amol Gulve (Internship Incharge), Dr. Pradnya Deshmukh (HOD -Streerog) Dr Darshna Borkar (Assistant professor- Prasutitantra and Strirog Dept.) Dr. Sonali Pharate (Assistant professor - Prasutitantra and Strirog Dept.)


HOD

Prasutitantra Evam Strirog
HOD & Professor
Dept of Striroga & Prasutitantra
S.M.B.T.Ayurved College
Dhamangaon, Nashik..




Principal
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik

Ref. no.- 1307/SMBT/05/PTSR / 60 -2022

Date 05/08/2022

Report of Menstrual Hygiene Awareness Program

(Rajaswala Paricharya)

Under "AZADI KA AMRIT MAHOTSAV – 2022"

Name of the Program – Menstrual Hygiene Awareness Program

Date :- 04/08/2022 , 12:45 pm to 2:00 pm

Location: New English School , Taked.

Principal of school – Mr. Tukaram Sabale (Mob. No. - 9049413530)

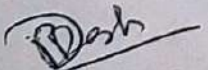
Name of the Department who organized program – Prasuti tantra & Streerog.

Total No of school students present – 283

Aim of the program – To spread awareness about Menstrual Hygiene in School.

SMBT Ayurved College organised the Health Awareness under Azadi ka Amrut Mahotsav. In this activity Internship student Varsha Jadhav awared the school students about Menstrual Hygiene (Rajaswala paricharya) and hormonal changes occurring during menstruation and puberty. The girls were made aware about the female anatomy and physiology (Rajachakra) , proper usage of sanitary napkins and clean cloth, method of disposing the pads. They were guided to overcome the fear and embarrassment associated with menstrual cycle (Rajapravrutti). The girls were advised for proper Aahar vihar and yoga in order to keep the menstrual cycle regular. The session was quiet interactive, girls participated and showed great interest in asking questions regarding problems they are facing .Also the teachers were so curious and showed great gratitude towards us. Menstrual Hygiene Awareness (Rajaswala paricharya) was successfully conducted under guidance of Respected Principal Dr Pradeep Bhabad sir and Interns participated enthusiastically

Coordinate Teachers –Dr. Ankush Gunjal, Dr. Sakshi Waghmare, Dr. Komal Chavhan(Program Head), Dr.Amol Gulve(Internship Incharge), Dr. Pradnya Deshmukh (HOD -Streerog) , Dr Darshna Borkar (Assistant professor - Prasutitantra and Strirog Dept.),Dr. Sonali Pharate (Assistant professor - Prasutitantra and Strirog Dept.)


HOD

**Prasuti evam Strirog
HOD & Professor**
Dept of Striroga & Prasutitantra
S.M.B.T.Ayurved College
Dhamangaon,Nashik.




Principal
Principal
S.M.B.T.Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email : principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref. no. - 1307/SMBT/05/PTSR / 61 -2022

Date 06/08/2022

Report of Menstrual Hygiene Awareness Program

(Rajaswala Paricharya)

Under "AZADI KA AMRIT MAHOTSAV – 2022"

Name of the Program – Menstrual Hygiene Awareness Program (Rajaswala Paricharya).

Date and Time: -- 05/08/2022 ; 1 pm to 2 pm.

Location: Sardar Girls School, Shalimar

Name of the Principal of the school – Mrs. Priyanka Nikam (Mob. No. - 9225111885, gmail - mrsardakanya@gmail.com).

Name of the Department who organized program – Prasutitantra and Strirog Dept.

Total No of school students present - 68

Aim of the program – To spread awareness about Menstrual Hygiene in School.

SMBT Ayurved College organised the Health Awareness under Azadi ka Amrut Mahotsav. In this activity Internship student Varsha Jadhav educated the school students about Menstrual Hygiene (Rajaswala Paricharya) and hormonal changes occurring during menstruation and puberty. She also explained hormonal changes occurring during puberty along with development of secondary sexual characters. The girls were made aware about the female anatomy and physiology (Rajachakra), proper usage of sanitary napkins and clean cloth, method of disposing. The girls were advised for proper Aahar and yoga in order to keep the menstrual cycle regular. The session was quiet interactive . Girls participated and showed great interest in asking questions regarding problems they are facing. Also the teachers were so curious and showed great gratitude towards us.

Menstrual Hygiene Awareness (Rajaswala paricharya) was successfully conducted under guidance of Respected Principal Dr Pradeep Bhabad sir. Interns participated enthusiastically.

Coordinate Teachers –Dr. Ankush Gunjal, Dr. Sakshi Waghmare, Dr. Komal Chavhan(Program Head), Dr.Amol Gulve(Internship Incharge), Dr. Pradnya Deshmukh (HOD & Prof -Streerog),), Dr.Pharate Sonali (Assistant Professor –PTSR) Dr Borkar Darshna (Assistant Professor –PTSR)


HOD

Prasuti Evam Strirog
HOD & Professor
Dept of Striroga & Prasutitantra
S.M.B.T.Ayurved College
Dhamangaon Nashik




Principal
Principal
S.M.B.T.Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph: (02553) 282341
Email: principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref. no.- 1307/SMBT/05/PTSR / 62 -2022

Date- 06/08/2022

Report of Menstrual Hygiene Awareness Program

(Rajaswala Paricharya)

Under "AZADI KA AMRIT MAHOTSAV – 2022"

Date and Time: - 05/08/2022 ,2 pm to 3 pm

Location: Adarsha Marathi Prathamik School, Morwadi, Nashik.

Principal - Mrs.Sarala P.Sanap Mobile-9403275916

Name of the Department who organized program – Prasutitantra and Strirog Dept.

Total No of school students present – 90

Summary –

Aim of the program – To create awareness among the school students about menstruation and menstrual hygiene on occasion – "AZADI KA AMRIT MAHOTSAV - 2022"

A Health awareness programme was conducted under AKAM by SMBT Ayurved College and Hospital in which our internship student Tanaya Yashwant Mahajan made students aware about menstruation (Rajastrav) and menstrual hygiene Rajaswala paricharya that needs to be followed.

The students were made aware about the female anatomy and physiology (Rajachakra), proper usage of sanitary napkins and clean cloth, method of disposing it. The students were advised for proper diet and yoga in order to keep the menstrual cycle regular. They were guided to overcome the fear and embarrassment associated with discussion of menstruation and seek medical help as early as possible for any menstrual disorder.

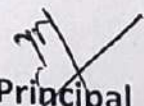
Hence health awareness Program was successfully conducted under guidance of Respected Principal Dr.Pradeep Bhabad sir. The interns participated enthusiastically in it.

Coordinate Teachers – Dr. Ankush Gunjal, Dr. Sakshi Waghmare, Dr. Amol Gulve (Internship Incharge) Dr.Pradnya Deshmukh (HOD PTSR Dept.), Dr Sonali Pharate (PTSR Dept.) Dr. Darshna Borkar(PTSR Dept.)


HOD

(PTSR Department)
HOD & Professor
Dept of Striroga & Prasutitantra
S.M.B.T.Ayurved College
Dhamangaon, Nashik.




Principal
Principal
S.M.B.T.Ayurved College & Hosp
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist.



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email: principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref. no.- 1307/SMBT/05/PTSR / 64 -2022

Date- 08/08/2022

Report of Menstrual Hygiene Awareness Program

(Rajaswala Paricharya)

Under "AZADI KA AMRIT MAHOTSAV – 2022"

Location: NMC School -68, Nashik

Date and Time: - 06/08/2022 , 9.15 am to 10 am

Principal – Mrs.Pawar. Mobile-9960949919

Name of the Department who organized program – Prasutitantra and Stirog Dept.

Total No of students present – 50

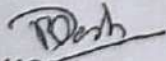
Summary – Aim of the program – To create awareness among the school students about menstruation and menstrual hygiene on occasion – "AZADI KA AMRIT MAHOTSAV - 2022"

A Health awareness programme was conducted by SMBT Ayurved College and Hospital in which our internship student Tanaya Yashwant Mahajan made students aware about menstruation(Raja chakra) and menstrual hygiene that needs to be followed.

The students were made aware about the female anatomy and physiology, proper usage of sanitary napkins and clean cloth, method of disposing it. The students were advised for proper **Ahar, vihar and yoga** in order to keep the menstrual cycle(Rajapravrutti) regular. They were guided to overcome the fear and embarrassment associated with discussion of menstruation and seek medical help as early as possible for any menstrual disorder.

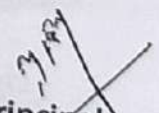
Hence health awareness Program was successfully conducted under guidance of Respected Principal Dr.Pradeep Bhabad sir. The interns participated enthusiastically in it.

Coordinate Teachers – Dr. Ankush Gunjal, Dr. Sakshi Waghmare, Dr. Amol Gulve (Internship Incharge) Dr.Pradnya Deshmukh (HOD PTSR Dept.), Dr Sonali Pharate (Assistant Prof.PTSR dept) Dr. Darshna Borkar(Assistant prof.PTSR Dept.)


HOD

(PTSR Department)
HOD & Professor
Dept of Stiroga & Prasutitantra
S.M.B.T. Ayurved College
Dhamangaon, Nashik.




Principal
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email: principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Date- 08/08/2022

Report of Menstrual Hygiene Awareness Program

(Rajaswala Paricharya)

Under "AZADI KA AMRIT MAHOTSAV – 2022

Name of the Program – Menstrual Hygiene Awareness Program

Date: - 06/08/2022 Time-11 am to 12 noon

Location: Shasakiya Madhyamik Kanya Vidyalaya CBS ,Nashik.

Name of the Department who organized program – Prasuti tantra & Streerog

Principal of school –Mrs.Kavita Sathe (Mob. No. - 9881224525, gmail- smkanyavidyalay@gmail.com).

Total No of school students present – 207

Aim of the program – To spread awareness about Menstrual Hygiene in School .

SMBT Ayurved College organized the Health Awareness under Azadi ka Amrut Mahotsav. In this activity Internship student Varsha Jadhav awared the school students about Menstrual Hygiene (Rajaswala paricharya)and hormonal changes occurring during menstruation and puberty. The girls were made aware about the female anatomy and physiology (Rajachakra), proper usage of sanitary napkins and clean cloth, method of disposing it. The girls were advised for proper Aahar ,vihar and yoga in order to keep the menstrual cycle regular. They were guided to overcome the fear and embarrassment associated with menstrual cycle (Rajapravrutti). The session was quiet interactive . Girls participated and showed great interest in asking questions regarding problems they are facing. Also the teachers were so curious and showed great gratitude towards us. Menstrual Hygiene Awareness (Rajaswala paricharya) was successfully conducted under guidance of Respected Principal Dr Pradeep Bhabad sir .Interns participated enthusiastically.

Coordinating Teachers –Dr. Ankush Gunjal, Dr. Sakshi Waghmare, Dr. Komal Chavhan(Program Head), Dr.Amol Gulve(Internship Incharge), Dr. Pradnya Deshmukh (HOD & Prof. -Streerog) , Dr.Pharate Sonali (Assistant Professor –Strirog Prasuti Dept), Dr. Borkar Darshna (Assistant Professor –Strirog Prasuti Dept)

HOD

PRINCIPAL

Principal

S.M.B.T.Ayurved College & Hospital
Nandi-Hills,Dhamangaon Tal.Igatpuri,Dist.Nashik.

**PRASUTI EVAM STRIROG
HOD & Professor**

Dept of Striroga & Prasutitantra
S.M.B.T.Ayurved College
Dhamangaon,Nashik..



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email: principal.ayurved@smbt.edu.in | sbmtayurved@gmail.com | www.smbt.edu.in

Ref.no.1336/SMBT/05/KB/08/ASCP&HT - 37

Date: 25-08-2022

Report of Suvarnaprashan Shibir

Name of the Activity – SUVARNAPRASHAN SHIBIR under Azadi ka Amrut mahotsav

Date and Time – 25-08-2022 at 9 AM to 3.30 PM

Location – OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

Name of Department who organized program – Kaumarbhritya Department

Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

Summary

Today on 25-08-2022, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of krumi, speech problems, developmental delay etc. were examined and treated accordingly. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 87 children benefited from the Suvarnaprashan camp.

HOD
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik



SMBT Sovabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandhills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email: principal.ayurvod@ambt.edu.in | ambtayurvod@gmail.com | www.ambt.edu.in

Ref.No.1336/SMBT/KB/08/ASCP&HT - 28

Date: 02-09-2022

Report of Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness Camp

Name of the Activity: Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness in children Camp under "Azadi ka Amrut Mahotsav"

Date and Time: 02-09-2022; 9.00 AM to 1.00 PM

Location: Primary Health Care Centre, Bharvir Khurda

Name of Department who organised program – Kaumarbhritya Department

Participants: Teaching staff, PG Students, Interns of Kaumarbhritya Department

Summary


Today on 02-09-2022 on occasion of Poshan Maha "Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness in Children Camp" program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Aazadi ka Amrut Mahotsava. A public awareness program on Poshan and Shauch was conducted at Primary Health Care Centre, Bharvir Khurda for children. Dr.Komal Chavan and post graduate student Dr. Pradnya Kambli interacted with the Children and their parents and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, changing age-related needs of daily nutrition, daily diet (Poshan), Vaiyaktik Swacchata (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of 29 children participated in this program.

The program was organised under the guidance of Respected principal of the college Dr. Pradeep Bhabad. It was successfully completed by the participation of all the teachers, Interns and postgraduate students of the Department of Kaumarbhritya.

Participants-

1. Dr. Komal Chavan(Assistant Professor)
2. Dr. Pradnya Kambli(PG student)
3. Dr. Pradnya Kshirsagar (Intern)


HOD
Dept. of Kaumarbhritya
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.


Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik
SMBT Ayurved College & Hospital
Nandi Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email: principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref. no.-1336/SMBT/05/PTSR/ 68 /2022

Date -05/09/2022

REPORT

Of

“GARBHASANSKAR AWARENESS PROGRAMME & ANTENATAL CHEKUP”

On the occasion of

“POSHAN MAAH”

Date and Time: - 02/09/2022 at 12:00 pm to 2.30 pm

Location: Sub centre, Bharvir Khurd Tal- Igatpuri, Dist.Nashik

Asha worker – Mrs. Sakhubai Bankar (Mobile no. 9764156780)

Coordinator Teachers- Dr Darshna Borkar

Students- Dr Tejashri Waghmare

Intern – Niranjn Shinde, Tanveer Ansari

Total number of beneficiaries – 25 (pregnant women – 15, Post natal women – 10)

Name of the Department who organized programme - Prasutitantra and Strirog.

Summary -

Aim of the programme – To educate and aware pregnant women about importance of Garbhasanskar & Antenatal check-up for wellbeing of fetus & mother.

Health check-up of pregnant women was done. Dr.Darshna Borkar (Assistant Professor,PTSR Dept) delivered lecture on Garbhasanskar awareness and its importance to both baby and mother. Mythological examples, scientific studies were also explained to women to understand the importance of Garbhasankara. She also explained Garbhini Paricharya including Satvik Ahar & Vihar. Also she gave detail schedule of Garbhasanskar Sessions to be held in SMBT Ayurved Hospital. Dr Tejashri Waghmare (PG student, PTSR Dept) explained Importance of Stanpana. Dr Niranjn Shinde explained indications, mode of action and uses of Shatavari Kalpa. Shatavari Kalpa distributed to ANC and PNC women in the Sub centre. Dr Tanveer Ansari helped in antenatal check-up.

Programme was conducted under guidance of Principal Dr Pradeep Bhabad sir.


HOD




Principal

**Prasutitantra and Strirog
HOD & Professor**
Dept of Striroga & Prasutitantra
S.M.B.T.Ayurved College
Dhamangaon, Nashik..

SMBT Ayurved College, Dhamangaon
Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403



SMBT Sovabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandhills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email: principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref.no.1336/SMBT/05/KB/08/ASCP&HT - 39

Date: 21-09-2022

Report of Suvarnaprashan Shibir under Azadi ka Amrut mahotsav &

Dental health checkup

Name of the Activity – Integrated activity of SUVARNAPRASHAN SHIBIR and Dental health checkup under Azadi Ka Amrut Mahotsav

Date and Time – 21-09-2022 at 9 AM to 4 PM

Location – OPD of Kaumarbhritya Department and Shalakyatantra OPD of SMBT Ayurved Hospital

Name of Department who organized program – Kaumarbhritya Department

Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department in collaboration with consultants from SMBT Dental Hospital

Summary

Today on 21-09-2022, "Suvarnaprashan shibir and free dental checkup camp" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik in collaboration with SMBT Dental Hospital under Azadi Ka Amrut Mahotsav. Teaching staff, PG students, and Interns of Kaumarbhritya Department and Consultants from SMBT Dental Hospital took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of Krumi, developmental delay, constipation etc. were examined and treated accordingly. They were guided about physical hygiene, oral hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

Total 67 children benefited from the Suvarnaprashan camp.

HOD
Dept. of Kaumarbhritya
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email : principal.ayurved@smbt.edu.in | sbmtayurved@gmail.com | www.smbt.edu.in

Ref.No.1336/SMBT/KB/08/ASCP&HT- 31

Date: 11-10-2022

Report of School Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness Camp Under Har Din Har Ghar Ayurved

Name of the Activity: School Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness in children Camp under "Har Din Har Ghar Ayurved"

Date and Time: 11-10-2022; 9.00 AM to 2.00 PM

Location: Z.P.School, Nanegaon, Bhagur

Name of Department who organised program – Kaumarbhritya Department

Participants: Teaching staff, PG Students, Interns of Kaumarbhritya Department

Summary

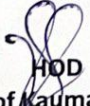
Today on 11-10-2022 "School Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness in Children Camp" was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Har Din Har Ghar Ayurved. A public awareness program on Poshan and Shauch was conducted at Z.P.School, Nanegaon, Bhagur for children. Dr.Komal Chavan and post graduate student Dr. Pradnya Kambli and Dr.Pooja Sonkamble interacted with the Children and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, changing age-related needs of daily nutrition, daily diet (Poshan), Vaiyaktik Swacchata (Shauch) etc.During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.


A total of 90 children participated in this program.

The program was organised under the guidance of Respected principal of the college Dr. Pradeep Bhabad. It was successfully completed by the participation of all the teachers, Interns and postgraduate students of the Department of Kaumarbhritya.

Participants-

1. Dr. Komal Chavan(Assistant Professor)
2. Dr. Pradnya Kambli(PG student)
3. Dr.Pooja Sonkamble(PG student)


HOD
Dept. of Kaumarbhritya
HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal.Igatpuri, Dist.Nashik.


Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik
Principal
S.M.B.T.Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal.Igatpuri, Dist.Nashik.



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341
Email : principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Date: 18-10-2022

Ref.no.1336/SMBT/05/KB/08/ASCP&HT-32

Report of Suvarnaprashan Shibir and Dental Health Checkup under Har Din Har Ghar Ayurved

Name of the Activity – Integrated activity of SUVARNAPRASHAN SHIBIR and Dental health checkup under Har Din Har Ghar Ayurved

Date and Time – 18-10-2022 at 9 AM to 4 PM

Venue – OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

Name of Department – Kaumarbhritya Department

Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department in collaboration with consultants from SMBT Dental Hospital


Summary


Today on 18-10-2022, "Suvarnaprashan shibir and free dental checkup camp" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik in collaboration with SMBT Dental Hospital under Har Din Har Ghar Ayurved. Teaching staff, PG students, and Interns of Kaumarbhritya Department and Consultants from SMBT Dental Hospital took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of Krumi, developmental delay, constipation etc. were examined and treated accordingly. They were guided about physical hygiene, oral hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

Total 56 children benefited from the Suvarnaprashan camp.


HOD
Dept. of Kaumarbhritya
HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.


Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik.
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Report of Suvarnaprashan Shibir under Har Din Har Ghar Ayurved

Name of the Activity – Integrated activity of SUVARNAPRASHAN SHIBIR under Har Din Har Ghar Ayurved

Date and Time – 15-11-2022 at 9 AM to 3.30 PM

Venue – OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

Name of Department – Kaumarbhritya Department

Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department in collaboration with consultants from SMBT Dental Hospital

Summary

Today on 15-11-2022, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik in collaboration with SMBT Dental Hospital under Har Din Har Ghar Ayurved. Teaching staff, PG students, and Interns of Kaumarbhritya Department and Consultants from SMBT Dental Hospital took part in the camp. All the children who came to the camp were examined thoroughly.

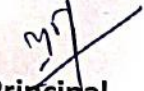
They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of Krumi, developmental delay, constipation etc. were examined and treated accordingly. They were guided about physical hygiene, oral hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

Total 74 children benefited from the Suvarnaprashan camp.


HOD
Dept. of Kaumarbhritya

HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Dist. Nashik.


Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik.
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Ref.no.1336/SMBT/05/KB/08/ASCP&HT-34

Date:22-11-2022

Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness Camp Under Har Din Har Ghar

Ayurved

Name of the Activity: School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in children Camp under "Har Din Har Ghar Ayurved"

Date and Time: 22-11-2022; 11.00 AM to 4.00 PM

Venue: Madhyamik Vidyalaya, Dhamangaon

Name of Department: Kaumarbhritya Department

Participants: Teaching staff, PG Students, Interns of Kaumarbhritya Department

Summary


Today on 22-11-2022 "School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in Children Camp" was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Har Din Har Ghar Ayurved. A public awareness program on Poshan and Shauch was conducted at Madhyamik Vidyalaya, Dhamangaon for children. Post graduate student Dr. Vaishnavi Waje interacted with the Children and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, changing age-related needs of daily nutrition, daily diet (Poshan), Vaiyaktik Swacchata (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

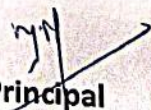
A total of 280 children participated in this program.

The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad

It was successfully completed by the participation of all the teachers, Interns and postgraduate students of the Department of Kaumarbhritya.

Participants- 1) Dr.Vaishnavi Waje(PG Student) 2)Dr.Prajakta Murtadak(Intern)


HOD
Dept. of Kaumarbhritya
MOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.


Principal
SMBT Ayurved College & Hospital,
Dhamangaon, Igatpuri, Nasik.
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness Camp Under Har Din Har Ghar Ayurved

Name of the Activity: School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in children Camp under "Har Din Har Ghar Ayurved"

Date and Time: 23-11-2022; 9.00 AM to 2.00 PM

Venue: New English School And Junior College, Kavaddara

Name of Department: Kaumarbhritya Department

Participants: Teaching staff, PG Students, Interns of Kaumarbhritya Department

Summary

Today on 23-11-2022 "School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in Children Camp" was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Har Din Har Ghar Ayurved. A public awareness program on Poshan and Shauch was conducted at New English School And Junior College, Kavaddara for children. Assistant Professor Dr. Komal Chavan interacted with the Children and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, changing age-related needs of daily nutrition, daily diet (Poshan), Vaiyaktik Swacchata (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.


A total of **101** children participated in this program.


The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad

It was successfully completed by the participation of all the teachers, Interns and postgraduate students of the Department of Kaumarbhritya.

Participants-1)Dr.Komal Chavan(Assistant Professor) 2)Dr.Vaishnavi Waje(PG Student)

3)Dr.Savyasachi Badodkar(Intern)


HOD
Dept. of Kaumarbhritya
HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.


Principal
SMBT Ayurved College & Hospital,
Dhamangaon, Igatpuri, Nashik
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Ref.no.1336/SMBT/05/KB/08/ASCP&HT-36

Date: 25-11-2022

Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness Camp Under Har Din Har Ghar Ayurved

Name of the Activity: School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in children Camp under "Har Din Har Ghar Ayurved"

Date and Time: 25-11-2022; 11.00 AM to 4.00 PM

Location: New English School and Junior College, Taked

Name of Department who organised program – Kaumarbhritya Department

Participants: Teaching staff, PG Students, Interns of Kaumarbhritya Department

Summary

Today on 25-11-2022 "School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in Children Camp" was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Har Din Har Ghar Ayurved. A public awareness program on Poshan and Shauch was conducted at New English School and Junior College, Taked for children. Assistant Professor Dr. Komal Chavan and Post graduate student Dr. Tanisha Shinde interacted with the Children and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, changing age-related needs of daily nutrition, daily diet (Poshan), Vaiyaktik Swacchata (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.


A total of **161** children participated in this program.

The program was organised under the guidance of Respected principal of the college Dr. Pradeep Bhabad

It was successfully completed by the participation of all the teachers, Interns and postgraduate students of the Department of Kaumarbhritya.

Participants-1) Dr.Komal Chavan (Assistant professor) 2) Dr.Tanisha Shinde (PG student)

3) Dr.Pradnya Kambli (PG student) 4) Dr.Savyasachi Badodkar (Intern) 5) Dr.Prajakta Murtadak


HOD
Dept. of Kaumarbhritya
HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal.Igatpuri, Dist.Nashik.


Principal
SMBT Ayurved College & Hospital,
Dhamangaon, Igatpuri, Nashik
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

**Report of School Health Checkup & Nutrition & Personal Hygiene
(Poshan evam Shauch) Awareness Camp Under Har Din Har Ghar
Ayurved**

Name of the Activity: School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in children Camp under "Har Din Har Ghar Ayurved"

Date and Time: 28-11-2022; 11.00 AM to 4.00 PM

Venue: New English School and Junior College, Taked

Name of Department: Kaumarbhritya Department

Participants: Teaching staff, PG Students, Interns of Kaumarbhritya Department

Summary


Today on 28-11-2022 "School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in Children Camp" was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Har Din Har Ghar Ayurved. A public awareness program on Poshan and Shauch was conducted at New English School and Junior College, Taked for children. Assistant Professor Dr. Komal Chavan interacted with the Children and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, changing age-related needs of daily nutrition, daily diet (Poshan), Vaiyaktik Swacchata (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

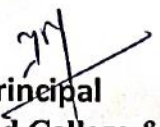
A total of 434 children participated in this program.

The program was organised under the guidance of Respected principal of the college Dr. Pradeep Bhabad

It was successfully completed by the participation of all the teachers, Interns and postgraduate students of the Department of Kaumarbhritya.

Participants-1)Dr.Komal Chavan(Assistant professor) 2)Dr.Pradnya Kambli(PG student)
3)Dr.Savyasachi Badodkar(Intern) 4)Dr.Prajakta Murtadak) 5)Dr.Vidya Varpe(Intern)


HOD
Dept. of Kaumarbhritya
HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.


Principal
SMBT Ayurved College & Hospital.
Dhamangaon, Igatpuri, Nashik.
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

**Report of School Health Checkup & Nutrition & Personal Hygiene
(Poshan evam Shauch) Awareness Camp Under Har Din Har Ghar
Ayurved**

Name of the Activity: School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in children Camp under "Har Din Har Ghar Ayurved"

Date and Time: 29-11-2022; 10.00 AM to 3.00 PM

Venue: New English School and Junior College, Kavaddara

Name of Department: Kaumarbhritya Department

Participants: Teaching staff, PG Students, Interns of Kaumarbhritya Department

Summary

Today on 29-11-2022 "School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in Children Camp" was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Har Din Har Ghar Ayurved. A public awareness program on Poshan and Shauch was conducted at New English School and Junior College, Kavaddara for children. Associate Professor Dr. Sachin Gwalani interacted with the Children and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, changing age-related needs of daily nutrition, daily diet (Poshan), Vaiyaktik Swacchata (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of 344 children participated in this program.

The program was organised under the guidance of Respected principal of the college Dr. Pradeep Bhabad

It was successfully completed by the participation of all the teachers, Interns and postgraduate students of the Department of Kaumarbhritya.

Participants-1)Dr.Sachin Gwalani(Associate professor) 2)Dr.Tanisha Shinde(PG student)
3)Dr.Savyasachi Badodkar(Intern) 4)Dr.Prajakta Murtadak) 5)Dr.Vidya Varpe(Intern) 6)Dr.Gaurav Singh(PG Student)



HOD
Dept. of Kaumarbhritya
HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal.Igatpuri, Dist.Nashik.



Principal
SMBT Ayurved College & Hospital.
Dhamangaon, Igatpuri, Nashik.
Principal
S.M.B.T.Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal.Igatpuri, Dist.Nashik.

Report of Medical Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness Camp Under Har Din Har Ghar Ayurved

Name of the Activity: School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in children Camp under "Har Din Har Ghar Ayurved"

Date and Time: 05-12-2022; 10.00 AM to 3.00 PM

Venue: Mahendra EPC (Chunchale,gharkul)Ambad M.I.D.C. Nasik

Name of Department: Kaumarbhritya Department

Participants: Teaching staff, PG Students, Interns of Kaumarbhritya Department

Summary

Today on 05-12-2022 "Medical Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in Children Camp" was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Har Din Har Ghar Ayurved. A public awareness program on Poshan and Shauch was conducted at Mahendra EPC(Chunchale,gharkul)Ambad M.I.D.C.Nasik for children. Post graduate student Dr. Vaishnavi Sarangdhar interacted with the Children and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, changing age-related needs of daily nutrition, daily diet (Poshan), Vaiyaktik Swacchata (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of **57** children participated in this program.

The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad

It was successfully completed by the participation of all the teachers, Interns and postgraduate students of the Department of Kaumarbhritya.

Participants- 1)Dr Vijay Suryawanshi 2) Dr.Vaishnavi Sarangdhar(PG Student)
3)Dr.Nilesh Desale (Intern)



HOD
Dept. of Kaumarbhritya
HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Dist.Nashik.



Principal
SMBT Ayurved College & Hospital,
Dhamangaon, Igatpuri, Nasik.
Principal
S.M.B.T. Ayurved College & Hospital
Nashik, Dist. Dhamangaon, Tal. Igatpuri, Dist. Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Ref. no.-1331/SMBT/05/PTSR/ 89 /2022

Date -08/12/2022

REPORT of "GARBHASANSKAR INTRODUCTORY WORKSHOP & ANTENATAL CHECKUP CAMP"

Date and Time: - 07/12/2022 at 09:30 pm to 03.00 pm

Venue: Primary Health Centre Nandgaon Sado Tal- Igatpuri, Dist.Nashik

Medical officer: Dr. P. B. Deshmukh MBBS, MPH (NUTRITION)

Coordinator Teachers- Dr. Pradnya Deshmukh (HOD & Professor, PTSR department)

PG Students- Dr. Snehal Chougale, Dr. Pooja Khode

Intern – Dr. Prajakta Murtadak, Dr. Divya Thegale

Total number of beneficiaries – 47 (pregnant women – 45, gynac patient – 02)

Name of the organizing department - Prasutitantra and Strirog.

Summary -

Aim of the programme – To educate and aware pregnant women about importance of Garbhasanskar & Antenatal check-up for wellbeing of fetus & mother.

Health check-up of pregnant women was done by Dr Pradnya Deshmukh. (HOD & Professor, PTSR Dept). She delivered introductory lecture on Garbhasanskar and its importance to both baby and mother. Mythological examples, scientific studies were also explained to women to understand the importance of Garbhasankara. She also explained Garbhini Paricharya including Satvik Ahar & Vihar. Dr Snehal Chougale (PG student, PTSR Dept) explained properties & dose of Shatavari Kalpa. Free distribution of Shatavari Kalpa was done to ANC women in the Primary Health Centre. Dr Pooja Khode, Dr Prajakta Murtadak & Dr Divya Thegale also helped in antenatal check-up. Mr. Vikram Gadakh helped in the management of camp.

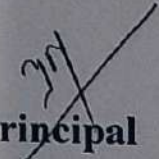
Programme was conducted under guidance of Principal Respected Dr Pradeep Bhabad.



HOD

Prasutitantra and Strirog




Principal

SMBT Ayurved College, Dhamangaon

Principal

S.M.B.T. Ayurved College & Hospital

SMBT | AYURVED COLLEGE & HOSPITAL

Ref.no.1336/SMBT/05/KB/08/ASCP&HT-10

Date: 12-12-2022

Report of Suvarnaprashan Shibir under Har Din Har Ghar Ayurved

Name of the Activity – Integrated activity of SUVARNAPRASHAN SHIBIR under Har Din Har Ghar Ayurved

Date and Time – 12-12-2022 at 9 AM to 3.30 PM

Venue – OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

Name of Department – Kaumarbhritya Department

Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department in collaboration with consultants from SMBT Dental Hospital

Summary

Today on 12-12-2022, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik in collaboration with SMBT Dental Hospital under Har Din Har Ghar Ayurved. Teaching staff, PG students, and Interns of Kaumarbhritya Department and Consultants from SMBT Dental Hospital took part in the camp. All the children who came to the camp were examined thoroughly.


They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of various complaints were examined and treated accordingly. They were guided about physical hygiene, oral hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

Total 82 children benefited from the Suvarnaprashan camp.



HOD
Dept. of Kaumarbhritya
HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal Igatpuri, Dist. Nashik.



Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik.

Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon Tal Igatpuri, Dist. Nashik.

Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness Camp Under Har Din Har Ghar Ayurved

- **Name of the Activity:** School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in children Camp under "Har Din Har Ghar Ayurved"
- **Date and Time:** 20-12-2022; 10.00 AM to 3.00 PM
- **Venue:** Jilha Parishad School, Shingve Bahula, Bhagur
- **Name of Department:** Kaumarbhritya Department
- **Participants:** Teaching staff, PG Students, Interns of Kaumarbhritya Department

Summary

Today on 20-12-2022 "School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in Children Camp" was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Har Din Har Ghar Ayurved. A public awareness program on Poshan and Shauch was conducted at Shingve, Bahula, Bhagur for children. Post graduate student Dr. Tanisha Shinde interacted with the Children and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, changing age-related needs of daily nutrition, daily diet (Poshan), Vaiyaktik Swacchata (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of **114** children participated in this program.

The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad

It was successfully completed by the participation of all the teachers, Interns, and postgraduate students of the Department of Kaumarbhritya.

Participants- 1) Dr. Tanisha Shinde (PG Student) 2) Dr. Rohan Kumar Mandage (Intern)

HOD
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.



Principal
SMBT Ayurved College & Hospital,
Dhamangaon, Igatpuri, Nashik
Nandiville, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Ref.no.1336/SMBT/05/KB/8/ASCP RHT/12-1

Date: 08-01-2023

Report of Suvarnaprashan Camp under Har Din Har Ghar Ayurved & Free Dental Checkup

Name of the Activity – Integrated activity of SUVARNAPRASHAN CAMP & Free Dental Checkup under Har Din Har Ghar Ayurved

Date and Time – 08-01-2023 at 9 AM to 4.00 PM

Venue – OPD of Kaumarbhritya Department at SMBT Ayurved Hospital

Name of Department – Kaumarbhritya Department

Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department in collaboration with consultants from SMBT Dental Hospital

Summary

Today on 08-01-2023, "Suvarnaprashan Camp" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik under Har Din Har Ghar Ayurved. Teaching staff, PG students, and Interns of Kaumarbhritya Department and Consultants from SMBT Dental Hospital took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of Krumi, developmental delay, Jwara, Kasa, constipation etc. were examined and treated accordingly. They were guided about physical hygiene, oral hygiene, routine care, and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

Total 128 children benefited from the Suvarnaprashan camp.

HOD
Dept. of Kaumarbhritya
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Dist. Nashik.



Principal
Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik.
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Igatpuri, Dist. Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Ref. no.-1307/SMBT/05/PTSR/ 03-2023

Date -9/1/2023

Report of

"GARBHASANSKAR AWARENESS PROGRAMME & ANTENATAL CHEKUP"

Date and Time: -9/1/2023 at 12:00 pm to 2.30 pm

Location: PHC Dhamangaon Tal- Igatpuri, Dist.Nashik

Asha worker –

Coordinator Teachers- Dr Darshna Borkar

Students- Dr Sayali Wagh , Dr Manali Patil

Intern – Ojaswita Patil , Shamika Chaudhari

Total number of beneficiaries – 40 women

Name of the Department who organized programme - Prasutitantra and Strirog.

Summary -

Aim of the programme – To educate and aware pregnant women about importance of Garbhasanskar & Antenatal check-up for wellbeing of fetus & mother.

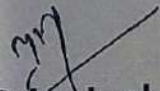
Health check-up of pregnant women was done. Dr.Darshna Borkar (Assistant Professor,PTSR Dept) delivered lecture on Garbhasanskar awareness and its importance to both baby and mother. Mythological examples, scientific studies were also explained to women to understand the importance of Garbhasankara. She also explained Garbhini Paricharya including Satvik Ahar & Vihar. Also she gave detail schedule of Garbhasanskar Sessions to be held in SMBT Ayurved Hospital. Dr Manali Patil (PG student, PTSR Dept) explained Importance of investigations done in ANC checkup. Dr Sayali Wagh explained indications, mode of action and uses of Shatavari Kalpa. Shatavari Kalpa distributed to ANC and PNC women in the Sub centre. Dr Ojaswita Patil & Shamika Chaudhari helped in antenatal check-up.

Programme was conducted under guidance of Principal Dr Pradeep Bhabad sir.


HOD



Prasutitantra and Strirog


Principal
S.M.B.T. Ayurved College & Hospital
Dhamangaon Tal, Igatpuri, Dist. Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Ref no.1336/SMBT/05/KB/08/ASCP&HT/3

Date: 09-01-2023

Report of Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness Camp Under Har Din Har Ghar Ayurved

- **Name of the Activity:** School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in children Camp under "Har Din Har Ghar Ayurved"
- **Date and Time:** 09-01-2023; 11.00 AM to 4.00 PM
- **Venue:** Hanuman Mandir, Rahuri
- **Name of Department:** Kaumarbhritya Department
- **Participants:** Teaching staff, PG Students, Interns of Kaumarbhritya Department

Summary

Today on 09-01-2023 "Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness in Children Camp" was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Har Din Har Ghar Ayurved. A public awareness program on Poshan and Shauch was conducted at Hanuman Mandir, Rahuri for children. Post graduate student Dr. Tanisha Shinde interacted with the Children and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, changing age-related needs of daily nutrition, daily diet (Poshan), Vaiyaktik Swacchata (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of 44 children participated in this program.

The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad.

It was successfully completed by the participation of all the teachers, Interns and postgraduate students of the Department of Kaumarbhritya.

Participants- 1) Dr.Tanisha Shinde(PG Student) 2) Dr. Mrunmayee Deshmukh (Intern)

HOD
Dept. of Kaumarbhritya
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal.Igatpuri, Dist.Nashik.



Principal
SMBT Ayurved College & Hospital,
Dhamangaon, Igatpuri, Nasik.
Principal
S.M.B.T.Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal.Igatpuri, Dist.Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Ref.no.1336/SMBT/05/KB/81/ASCP RPT-2

Date: 04-02-2023

Report of Suvarnaprashan Camp under Har Din Har Ghar Ayurved & Free Dental Checkup

Name of the Activity – Integrated activity of SUVARNAPRASHAN CAMP& Free Dental Checkup under Har Din Har Ghar Ayurved

Date and Time – 04-02-2023 at 9 AM to 4.00 PM

Venue – OPD of Kaumarbhritya Department and Shalakyatantra OPD of SMBT Ayurved Hospital

Name of Department – Kaumarbhritya Department

Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department in collaboration with consultants from SMBT Dental Hospital


Summary

Today on 04-02-2023, "Suvarnaprashan Camp" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik under Har Din Har Ghar Ayurved. Teaching staff, PG students, and Interns of Kaumarbhritya Department and Consultants from SMBT Dental Hospital took part in the camp. All the children who came to the camp were examined thoroughly.


They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status. Patients were consulted for dental problems and were examined by dentists from SMBT Dental Hospital.

During the camp, patients of Krumi, developmental delay, constipation etc. were examined and treated accordingly. They were guided about physical hygiene, oral hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

Total 129 children benefited from the Suvarnaprashan camp.


HOD
Dept. of Kaumarbhritya
HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.




Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik.
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Date: 04-03-2023

Ref.no.1336/SMBT/05/KB/08/ASCP&HT-4

Report of Suvarnaprashan Camp under Har Din Har Ghar Ayurved & Free Dental Checkup

Name of the Activity – Integrated activity of SUVARNAPRASHAN CAMP & Free Dental Checkup under Har Din Har Ghar Ayurved

Date and Time – 04-03-2023 at 9 AM to 4.00 PM

Venue – OPD of Kaumarbhritya Department at SMBT Ayurved Hospital

Name of Department – Kaumarbhritya Department

Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department in collaboration with consultants from SMBT Dental Hospital


Summary

Today on 04-03-2023, "Suvarnaprashan Camp" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik under Har Din Har Ghar Ayurved. Teaching staff, PG students, and Interns of Kaumarbhritya Department and Consultants from SMBT Dental Hospital took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of Jwara, developmental delay, constipation, Anorexia, Respiratory problems etc. were examined and treated accordingly. They were guided about physical hygiene, oral hygiene, routine care, and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

Total 119 children benefited from the Suvarnaprashan camp.


HOD
MOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Taligatpuri, Dist. Nashik.


Principal
SMBT Ayurved College & Hospital
Dhamangaon, Taligatpuri, Dist. Nashik.



Ref. no.-1331/SMBT/05/PTSR/35/2022

Date -09/03/2023

REPORT of Women health Checkup Camp

Date and Time: - 08/03/2022 at 09:30 pm to 03.00 pm

Venue: Sinnar RH.Tal-Sinnar, Dist.Nashik

Coordinator Teachers- Dr Bhushan Gawale (Assistant prof, PTSR department)

PG Students- Dr. Sayali Wagh

Intern --Jaswinder Kaur , Sakshi Patil

Total number of beneficiaries – 30

Name of the organizing department - Prasutitantra and Strirog.

Summary -

Aim of the programme – To educate and aware women about there health and screening of any health problem.

Health check-up of women was done by Dr Bhushan Gawale Assistant Professor, PTSR Dept). He delivered introductory lecture on importance of women health and health related problems in women.Satvik Ahar & Vihar and importance of pranayama n yoga for in women is explaind. Dr Sayali Wagh (PG student, PTSR Dept) and other interns helped in heath checkup camp. Programme was conducted under guidance of Principal Respected Dr Pradeep Bhabad.


HOD

Prasutitantra and Strirog
Dhamangaon


Principal

SMBT Ayurved College,

Report of Suvarnaprashan Camp under Har Deen Har Ghar Ayurved &

Free Dental Health Checkup.

Name of the Activity – Suvarnaprashan camp under Har Deen Har Ghar Ayurved &
Free Dental Health Checkup.

Date and Time – 31-03-2023 from 9 AM to 3.30 PM

Location – OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

Name of Department – Kaumarbhritya Department

Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

Summary


Today on 31-03-2023, Suvarnaprashan camp under “Har Deen Har Ghar Ayurved” &

Free Dental Health Checkup was organized by the Department of Kaumarbhritya of SMBT Ayurved College, Nashik in collaboration with SMBT Dental Hospital. Teaching staff, PG students and Interns of the Kaumarbhritya Department & Consultants from SMBT Dental Hospital took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of Krumi, developmental delay were examined and treated accordingly. They were guided about physical hygiene, oral hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 85 children benefited from the Suvarnaprashan camp.


HOD
Dept. of Kaumarbhritya
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal Igatpuri, Dist. Nashik.


Principal
SMBT Ayurved College & Hospital
Dhamangaon, Tal Igatpuri, Dist. Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Ref. no.-1307/SMBT/05/PTSR/23-/2023

Date – 12/04/2023

Programme Report of ANC health Checkup Camp

On the occasion of

Har ghar Har din Ayurved and National Safe Motherhood Day

Date and Time : - 10/04/2023 at 11:00 am to 1.30 pm

Venue: PHC Khirvire, Tq-Akole, Dist-Ahemadnagar

Name of the organizing Department - Prasutitantra and Strirog Department.

Summary -

Aim of the programme –

To educate and aware pregnant women about importance of motherhood care before and after delivery.

Dr. Shilpa Londhe (Assistant Professor, PTSR Dept) delivered lecture on Safe motherhood. She elaborated theme of safe mother hood day i.e. "Remain at home amid corona virus, protect mother and infant safe from corona virus." She emphasized the importance of garbhsanskar to both baby and mother. She explained in brief about Garbhini ahar-vihar and garbhini paricharya. She also gave information about Garbhsanskar session schedule in SMBT Ayurved Hospital. Shatavari kalp is distributed for free to the pregnant women.

Dr Priya Thombre (Intern student) explained properties of shatavari churn in detail to be taken by pregnant women. Dr Manali Patil, Sayali Wagh (PG student) helped to check the patients and Mayuri Jamdar, Priya Thombre, Rutuja Yelmote (Intern Students) also attended session and helped in organizing session.



HOD

HOD & Professor

Prasutitantra and Strirog
S.M.B.T. Ayurved College
Dhamangaon, Nashik.



Principal

SMBT Ayurved College, Dhamangaon
Principal

S.M.B.T. Ayurved College & Hospital
Nandi-Hills Dhamangaon Tal. Igatpuri, Dist. Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Ref.no.1336/SMBT/05/KB/08/ASCP&HT- 06

Date: 28-04-2023

Report of Suvarnaprashan Shibir & Free Dental check-up under Har Din Har Ghar Ayurved

- Name of the Activity – Integrated activity of SUVARNAPRASHAN SHIBIR under Har Din Har Ghar Ayurved
- Date and Time – 27-04-2023 at 9 AM to 3.30 PM
- Venue – OPD of Kaumarbhritya Department of SMBT Ayurved Hospital
- Name of Department – Kaumarbhritya Department
- Participants – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department in collaboration with consultants from SMBT Dental Hospital


Summary

Yesterday on 27-04-2023, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik in collaboration with SMBT Dental Hospital under Har Din Har Ghar Ayurved. Teaching staff, PG students, and Interns of Kaumarbhritya Department and Consultants from SMBT Dental Hospital took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of Karshya, Speech problems, recurrent respiratory problems etc. were examined and treated accordingly. They were guided about physical hygiene, oral hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

Total 123 children benefited from the Suvarnaprashan camp.


HOD
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Dist. Nashik.


Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik.
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Ref.no.1336/SMBT/05/KB/08/ASCP&HT - 07

Date: 26-05-2023

Report of Suvarnaprashan Shibir & Free Dental check-up under Har Din Har Ghar Ayurved

- **Name of the Activity** – Integrated activity of SUVARNAPRASHAN SHIBIR under Har Din Har Ghar Ayurved
- **Date and Time** – 25-05-2023 at 9 AM to 3.30 PM
- **Venue** – OPD of Kaumarbhritya Department of SMBT Ayurved Hospital
- **Name of Department** – Kaumarbhritya Department
- **Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department in collaboration with consultants from SMBT Dental Hospital

Summary

Yesterday on 25-05-2023, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik in collaboration with SMBT Dental Hospital under Har Din Har Ghar Ayurved. Teaching staff, PG students, and Interns of Kaumarbhritya Department and Consultants from SMBT Dental Hospital took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of Karshya, Speech problems, recurrent respiratory problems etc. were examined and treated accordingly. They were guided about physical hygiene, oral hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

Total 116 children benefited from the Suvarnaprashan camp.


HOD
Dept. of Kaumarbhritya

HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik


Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik.
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

SMBT | AYURVED COLLEGE & HOSPITAL

Ref. no.-1307/SMBT/05/PTSR/38-/2023

Date – 21/06/2023

Programme Report of ANC health Checkup Camp

On the Occasion Of

International Yoga Day

ANC Health Check up camp and Yoga Awareness Programme conducted.

Date and Time : - 20/06/2023 at 10:00 am to 1.30 pm

Venue: RH Sinnar, Tal-Sinnar Dist-Nashik

Name of the organizing Department - Prasutitantra and Strirog Department.

Summary -

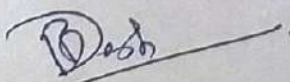
Aim of the programme –

To Spread awareness about Yoga in pregnant woman.

Dr.Vidy Jadhav (Assistant Professor,PTSR Dept) delivered lecture on importance of yoga in pregnancy.She emphasized the importance of yoga in pregnancy.

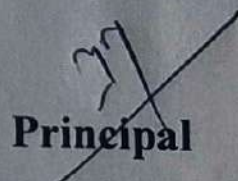
Dr .Pooja Chougule,Vama Sanghavi (PG students) explained importance of pranayama in pregnant woman.Some demonstration such as Aasanas and breathing exercise were given. Pregnant women gave good response to the session. Dr. Nilima Nandre, Dr.Pranali Bangar(Intern Students) helped to check the patients and also attended session and helped in organizing session. Shatavari Kalp was distributed for free to the ANC Patients.Total 40 Patients are checked and advised for diet and medicine.

The programme was conducted under the guidance of Respected Principal Dr.Pradeep Bhabad.



HOD

**HOD & Professor
Prasutitantra and Strirog
S.M.B.T.Ayurved College
Dhamangaon, Nashik.**



Principal

SMBT Ayurved College , Dhamangaon

Report of Suvarnaprashan Shibir & Free Dental check-up under Har Din Har Ghar Ayurved

- **Name of the Activity** – Integrated activity of SUVARNAPRASHAN SHIBIR under Har Din Har Ghar Ayurved
- **Date and Time** – 21-06-2023 at 9 AM to 3.30 PM
- **Venue** – OPD of Kaumarbhritya Department of SMBT Ayurved Hospital
- **Name of Department** – Kaumarbhritya Department
- **Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department in collaboration with consultants from SMBT Dental Hospital

Summary

Yesterday on 21-06-2023, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik in collaboration with SMBT Dental Hospital under Har Din Har Ghar Ayurved. Teaching staff, PG students, and Interns of Kaumarbhritya Department and Consultants from SMBT Dental Hospital took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients of Karshya, Speech problems, recurrent respiratory problems etc. were examined and treated accordingly. They were guided about physical hygiene, oral hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

Total 132 children benefited from the Suvarnaprashan camp.


HOD
Dept. of Kaumarbhritya


HOD & PROFESSOR
Dept. of Kaumarbhritya
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik.


Principal
SMBT Ayurved College & Hospital
Dhamangaon, Igatpuri, Nashik.
Principal
S.M.B.T. Ayurved College & Hospital
Nandi-Huls, Dhamangaon, Tal. Igatpuri, Dist. Nashik.